



MORNING

Su	M	Tu	W	Th	F	Sa
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
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●	●	●	●	●	●	●
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AFTERNOON

●	●	●	●	●	●	●
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EVENING

●	●	●	●	●	●	●
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●	●	●	●	●	●	●



MORNING

Wake up at 6:30.

Make bed.

Get dressed.

Eat breakfast.

Brush teeth.

Brush hair.

Put on socks and shoes.

Be ready to leave by 7:15.

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●	●	●	●	●	●	●

AFTERNOON

Do homework.

Read for 30 minutes.

Make sure folders are signed

Place dirty clothes in hamper.

Tidy up room.

Folders go back into backpack.

Reading book back into backpack.

Be ready for dinner by 6:00.

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●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●

EVENING

Eat dinner.

Take a bath.

Place towel into dirty laundry.

Brush teeth.

Brush hair.

Clean up bathroom .

In bed by 8:00.

Lights out by 8:15.

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MORNING

Eight horizontal lines for writing notes in the morning section.

Su	M	Tu	W	Th	F	Sa
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AFTERNOON

Eight horizontal lines for writing notes in the afternoon section.

●	●	●	●	●	●	●
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EVENING

Eight horizontal lines for writing notes in the evening section.

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●	●	●	●	●	●	●
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AFTERNOON

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●	●	●	●	●	●	●
●	●	●	●	●	●	●

EVENING

●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
●	●	●	●	●	●	●
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●	●	●	●	●	●	●